

## Uniform attire for games:

1. Socks- Navy, white, or gold. The team must wear the same color during any given game.
2. No Headbands
3. Shooting sleeve- Navy, or white on one arm only. The team must wear the same color during any given game. Wristbands –navy or white.
4. Undershirts- Must be the color of predominate color of the uniform.
5. The Athletic Department may request for the players to wear special socks for themed games. (Breast Cancer Awareness)
6. Knee pads- White, navy, or black; does not have to match the uniform color
7. Safety equipment- Shooting sleeves, knee pads, braces, etc. are to be worn to practice if they are to be worn in a game.

## General Information

1. Practices- All practices are open to parents .
2. If a parent has a question regarding playing time they are to email the coach and copy the Athletic Director to request a meeting.

3. A parent is not to approach a coach after a game or practice to discuss this issue.
4. Players are to attend all practices and games unless excused. (Other outside activities are not excused). Consequences may include suspension of a game or removal from the team.