

STM CROSS COUNTRY TEAM

Open to all 5th through 8th graders.



An informational meeting and first practice will be held on Thursday, August 15, 2019 at 5:30pm at Forest Park at the pavilion near the playground and splash pad.

Practices will be held on Tuesdays and Thursdays at Forest Park 5:30-6:30ish PM and a weekend practice (Saturday morning or Sunday evening) at Highland Road Park.

Meets are on Saturday mornings from Sept. through early Nov.

Voluntary preseason running begins July 29th: Mon. and Wed. at 6:15 PM. We meet at the grass by the splash pad at Highland Road Park.

Please contact Coach Jason if you have any questions.



Head coach:
Jason Hugenroth
jason.stmrun@gmail.com
225 247 3555

