

STM CROSS COUNTRY TEAM

Open to all 5th through 8th graders.



An informational meeting and first practice will be held on Tuesday, August 14, 2018 at 5:30pm at Forest Park at the pavilion near the playground and splash park.

Practices will be held on Tuesdays and Thursdays at Forest Park 5:30-6:30PM and a weekend practice (Saturday morning or Sunday evening) at Highland Road Park.

Meets are on Saturday mornings from Sept. through early Nov.

Voluntary summer running is ongoing in July and August. Contact Jason to join in these runs now. Please contact Jason if you have any questions.



Coaches:
Jason Hugenroth
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